



Essential Oils

## Valerian, Essential Oil



VEGAN



CRUELTY-FREE

### What can it be used in?

Body Balm	Body Oil
Body Salve	Body Scrub
Face Oil	Face Scrub
Foot Cream	Hair Oil
Scalp Treatment	Scar Oil

**Product code**  
K1236

**Manufacturing Method**  
Steam Distilled

**Origin**  
China

**Scent**  
Woody

**Colour**  
Light Brown, Yellow

**INCI Listing**  
Valeriana Officinalis Root Oil

**CAS Number**  
97927-02-1

**EINCS**  
308-322-6

**Customs Tariff Code**  
3301 2941 00

## Skin Benefits

Valerian essential oil has relaxing and calming properties, making it beneficial for promoting a sense of tranquility and helping to alleviate stress and anxiety. Its grounding aroma can support a sense of balance.

## Functionality

### Anti-Inflammatory

Powerful anti-inflammatory properties help soothe and calm irritated skin, reducing redness and inflammation, whilst providing relief from discomfort and promoting a balanced complexion for healthier-looking skin.

## Hair Benefits

Valerian essential oil can be used in hair care products to provide a calming and soothing effect on the scalp and promote a sense of relaxation.

### Stress Relief

With its calming properties, it helps reduce stress and tension, which can have positive effects on the skin and overall well-being. Stress relief can also contribute to a more balanced complexion.

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## **Warming**

Introduces a gentle warming sensation to the skin, providing a comforting and soothing effect. This property is ideal for products designed to promote relaxation, especially in massage oils or creams

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