



Essential Oils

## Spikenard, Essential Oil



VEGAN



CRUELTY-FREE

### What can it be used in?

All Beauty & Personal Care    Body Care

Body Oil    Facial Oil

Hair Care    Hair Oil

Moisturiser

Product code  
K0434

Manufacturing Method  
Steam Distilled

Origin  
India

Scent  
Earthy, Woody

Colour  
Light Brown, Light Yellow

INCI Listing  
Nardostachys Jatamansi

CAS Number  
8022-22-8 / 90064-28-1

EINCS  
290-089-4

Customs Tariff Code  
3301 29 41 00

## Skin Benefits

Spikenard essential oil has soothing and calming properties, making it beneficial for promoting relaxation and balance in the skin. It can help soothe irritated or inflamed skin and promote a healthy complexion.

## Functionality

### Anti-Inflammatory

Powerful anti-inflammatory properties help soothe and calm irritated skin, reducing redness and inflammation, whilst providing relief from discomfort and promoting a balanced complexion for healthier-looking skin.

## Hair Benefits

Spikenard essential oil can be used in hair care products to provide a calming and grounding effect. It may help reduce scalp irritation and promote a healthy scalp environment.

### Cooling

Provides a refreshing and cooling sensation to the skin, helping to alleviate heat and discomfort. Ideal for use in products designed to soothe sunburns or calm irritated skin.

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## Stress Relief

With its calming properties, it helps reduce stress and tension, which can have positive effects on the skin and overall well-being. Stress relief can also contribute to a more balanced complexion.

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